



O ddydd Llun, bydd ysgolion yn croesawu gweddill y plant oedran cynradd a disgyblion oedran uwchradd hŷn. Mae gan bob un ohonom ran i'w chwarae o ran sicrhau bod ein hysgolion yn gallu aros ar agor.

Er mwyn i hyn ddigwydd, cadwch eich hun, eich teuluoedd a staff ein hysgol yn ddiogel drwy ddilyn y rheolau hyn:

🧐 Gwisgwch orchudd wyneb yn ystod amseroedd gollwng a chasglu

2 📏 Cadwch 2 fetr ar wahân i eraill

🕒 Peidiwch â chyrraedd yn gynnar i ollwng/ codi eich plentyn er mwyn osgoi gormod o bobl yn casglu wrth gathau'r ysgol

⚠️ Dylech osgoi ymgynnull gyda rhieni eraill o amgylch mynedfeydd yr ysgol a gadewch yn syth ar ôl yr amseroedd gollwng neu gasglu. Peidiwch â chael eich tentio i aros i sgwrsio.

🚶 Cerddwch neu ewch ar sgwter neu feic lle bo modd.

🚶 Os oes rhaid i chi yrru, parciwch ymhell i ffwrdd o'r ysgol a cherddwch weddill y ffordd.

P I helpu gyda diogelwch disgyblion a mesurau cadw pellter cymdeithasol, peidiwch â pharcio ar y palmant

🚗 Peidiwch â derbyn cynnig o lifft i'r ysgol gan rieni eraill, oni bai nad oes gennych ddewis arall

Gwnewch yn siŵr bod eich plentyn yn deall pwysigrwydd golchi ei ddwylo'n rheolaidd

Cofiwch hefyd:

⚠️ Peidiwch ag anfon eich plentyn i'r ysgol os yw'n teimlo'n sâl, hyd yn oed os nad ydych yn siŵr ai Coronafeirws ydyw.

⚠️ Peidiwch ag anfon eich plentyn i'r ysgol os ydy e/hi neu unrhyw un arall yn yr aelwyd yn dangos unrhyw un o symptomau COVID-19

⚠️ Peidiwch ag anfon eich plentyn i'r ysgol os ydy e/hi neu unrhyw un arall yn yr aelwyd yn aros am ganlyniad prawf

⚠️ Peidiwch ag anfon eich plentyn i'r ysgol os ydy e/hi wedi'i nodi fel cyswllt agos ag achos COVID-19 a gadarnhawyd.



Gwybodaeth bwysig i ddisgyblion ysgolion uwchradd a'u rhieni

Er mwyn helpu ein hysgolion i gadw'n ddiogel ac aros ar agor, rhaid i bawb chwarae eu rhan. Hoffem atgoffa disgyblion ysgolion uwchradd y dylid gwisgo gorchuddion wyneb

- Wrth symud o amgylch yr ysgol ac mewn manau, gan gynnwys amgylcheddau ystafell ddosbarth, lle na ellir cadw pellter cymdeithasol
- ar drafnidiaeth ysgol

Mae Llywodraeth Cymru wedi cadarnhau y bydd pob disgybl ym Mlynnyddoedd 10 – 13 yn gallu cael gafael ar Hunan-Brawf Llif Unffordd Cyflym (PLIU / LFT). Y nod yw nodi'n gyflym y rhai sy'n cario COVID-19 yn ddjarwybod fel y gallant hunanynysu ac atal mwy o bobl rhag dal y feirws.

Gellir dod o hyd i arddangosiad fideo byr yn ogystal â chanllawiau cam wrth gam sydd ar gael mewn cyfres o wahanol ieithoedd yma: [COVID-19 self-test help - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/collections/covid-19-self-test-help)

Er bod ysgolion yn ailagor i rai disgyblion, nid yw Coronafeirws wedi diflannu. Atgoffwn rieni a gofalwyr na chaniateir cymysgu y tu allan i'r ysgol o hyd, hyd yn oed os ydynt yn yr awyr agored a hyd yn oed os yw plant yn yr un swigod yn yr ysgol.

Mae hyn yn cynnwys cysgu dros nos a partïon gan y gallai hyn gynyddu lledaeniad y feirws ac arwain at fwy o gyfyngiadau.

I gael rhagor o wybodaeth am sut i gadw'n ddiogel a chadw ysgolion ar agor, darllenwch ein Cwestiynau Cyffredin i rieni a disgyblion sydd wedi'u diweddarau: <https://www.cardiff.gov.uk/dychwelydirysgol>

#CadwchGaerdyddYnDdiogel



From Monday, schools will welcome back the rest of primary age children and older secondary age pupils. Each of us has a part to play in making sure that our schools can stay open.

For this to happen, please keep yourself, your families and our school staff safe by following these rules:

 Wear a face covering during drop-off and pick-up times

 Keep 2 metres apart from others

 Don't arrive early for your drop off/ pick up time to avoid crowding at the school gates

 Avoid congregating with other parents around school entrances and leave immediately after drop off or collection times. Please don't be tempted to hang around and chat.

 Walk, scoot or cycle to school where possible.

 If you have to drive, park well away from the school and walk the rest of the way.

 To help with pupil safety and social distancing, please do not park on the pavement.

 Please don't accept an offer of a lift to school from other parents, unless you have no other choice

Make sure you child understands the importance of washing their hands regularly

Please also remember:

 Do not send your child to school if they are feeling unwell, even if you are not sure if it is Coronavirus.

 Do not send them if they are showing any COVID-19 symptoms or if anyone else in the household is showing any symptoms.

 Do not send your child to school if they or anyone else in the household is waiting for a test result

 Do not send your child to school if they have been identified as a close contact of a confirmed COVID-19 case.



Important information for secondary school pupils and their parents

We would like to remind secondary school pupils that face coverings should be worn

- When moving around the school and in areas, including classroom environments, where social distancing cannot be maintained
- on school transport

Welsh Government have confirmed that all pupils in Years 10 – 13 will be able to access a Rapid Lateral Flow Self-Test (LFT). The aim is to quickly identify those who are unknowingly carrying COVID-19 so that they can self-isolate and prevent more people catching the virus.

A short video demonstration as well as step-by-step guides available in a series of different languages can be found here: [COVID-19 self-test help - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/covid-19-self-test-help)

Although schools are reopening to some pupils, Coronavirus has not gone away. Parents and carers are reminded that mixing outside of school is still not allowed, even if outdoors and even if children are in the same bubble at school.

This includes sleepovers and parties as this could increase the spread of the virus and lead to more restrictions.

For more information about how to stay safe and keep schools open, please visit our updated parent and pupil FAQ's: <https://www.cardiff.gov.uk/covidschoolfaqs>

#KeepCardiffSafe